



INSTRUCTIONS

Project S.O.F.T. is an initiative meant to encourage us to sacrifice what is ours to feed those who are in need. More than just donating money, this practice aims to instill a culture of sacrifice by taking money directly from our own daily comforts and luxuries and redirecting it to those who can't afford basic necessities. The focus of Project S.O.F.T. is to **sacrifice** parts of our lifestyle to provide for others. Each time you choose to redirect a purchase, keep a record of the costs to put into a Project S.O.F.T. envelope.

1. There are different ways to practice this each day:
 - Choose something you would like to give up.** For example, skipping breakfast/morning coffee. Take the money you would have spent and put it in a Project S.O.F.T. envelope.
 - Choose to purchase a less luxurious item** and put the monetary difference between the two items in a Project S.O.F.T. envelope. For example, you need a new clothing item, but you opt for a simpler item rather than a designer brand and put the cost difference in a Project S.O.F.T. envelope.
 - Other ideas:** packing a lunch rather than ordering, making coffee at home, opting for water from home rather than buying bottled water, “shopping” from your own closet instead of buying new items, etc. Any substitution or downscaling counts.
2. Each week (either as a family or individually), collect that money and document what sacrifices were made (refer to the S.O.F.T. envelopes provided), and bring that envelope to church for collection each Sunday.
3. This will take place for the duration of the Holy 50 Days
4. The total amount of money collected and the organization it will be donated to will be announced after the Feast of Pentecost.

If you have any suggestions or ideas for this project that will contribute to the benefit of the congregation, please email projectsoft@smsanj.org